

Sermon Series on Healthy Relationships

7 HABITS OF HEALTHY RELATIONSHIPS

Main Idea—Healthy interactions foster healthy relationships.

Introduction — We all come into relationships with some baggage from our past. These have a way of surfacing in our relationships that may have some negative impact. It is essential that we are aware of this potential impact and work on incorporating biblically grounded habits in our interactions with one another if we are to have healthy relationships.

I. View Yourself as a _____ Child of God (Psalm 139:14a).

II. Treat Them with _____ (1 Peter 2:17a).

III. _____ Them Before Others (Romans 12:10).

IV. Stay _____ (Ephesians 4:2).

V. Include _____ In Your Conversations (Colossians 3:16).

VI. Be _____ with Your Words (Colossians 4:6).

VII. Use Timely Words That _____ (Ephesians 4:29).

Conclusion – Good healthy relationships take a lot of work. Because of our fallen nature there are obstacles that hinder our relationships from flourishing. Incorporating good biblical habits will equip us with the right godly spirit that helps to strengthen and promote healthy interaction that fosters healthy relationships.