

Sermon Series on Healthy Relationships HANDLING DISSAPOINTMENTS IN RELATIONSHIPS

Main Idea—Cast All Your Cares Upon Him Because He Cares for You.

Introduction — Sometimes we get hurt or let down in our relationships. Perhaps our expectations were not met in a relationship or we were neglected, ignored, or worst, betrayed. How does one handle disappointments in a relationship?

I. Accept God's _____ For You (Genesis 50:20).

II. Know that God _____ with You (Psalm 34:18).

III. Keep Doing What's _____ (Romans 12:17).

IV. Don't Let it Rob Your _____ (1 Thessalonians 5:16-17).

V. Dwell on Good _____ (Philippians 4:8).

Conclusion – There will be good days and bad days in our relationships. We must learn to accept the good with the bad. Our fallen nature predisposes us to self-centeredness and or unrealistic expectations that set us up for disappointments and dissatisfaction. We must turn our eyes upward to Jesus who never disappoints.